



ILLAWARRA  
ABORIGINAL  
CORPORATION

# ILLAWARRA ABORIGINAL CORPORATION

# NEWSLETTER

February 2025

## NAGANGBI HELLO!

The start of 2025 has been a busy period, marked by numerous meetings with local services and organisations. These meetings have been crucial in planning the new hub services, determining how they will fit into the existing framework, and identifying their availability so that all needs are accommodated in the one place. The year ahead promises to be significant for IAC, with this extensive planning underway and renovations on the Auntie Dolly Henry and Mr. Fred Moore hub to get underway.

We are excited to announce that this month marks the kick-off of our programs for the year! Our schedule is designed to foster community engagement, cultural sharing, and support for Aboriginal community and Elders.



**Elders Program participants showing their creative skills**

For individuals interested in participating, it is essential to refer to the programs list and contact details provided. Registration is required to accommodate guests effectively, and interested parties are encouraged to call to secure their spots.

Please see the following program information.



[www.iac.org.au](http://www.iac.org.au)

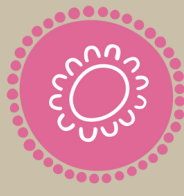


[admin@iac.org.au](mailto:admin@iac.org.au)



02 4211 0601





# Bangarra Dance Night

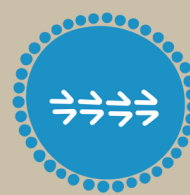
On Thursday Feb 13th, Merrigong Theatre Company hosted the opening night of the Bangarra dance performance in Wollongong. The event was marked by a special invitation extended by Danielle Moylan to the elders, allowing them to attend and meet the talented dancers. Thank you Danielle.

The night was a resounding success, with everyone enjoying themselves amidst the captivating performances. The dancers brought energy and artistry to the stage, leaving a lasting impression on all who were present.

Here are some happy snaps from the evening.







# UNITED NATIONS DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION

We invite you to join us for a special morning tea as we celebrate the **United Nations Day for the Elimination of Racial Discrimination**. This day is an important occasion that reminds us of our collective responsibility to promote equality and combat racial discrimination in all its forms.

**FRIDAY  
MARCH 21ST  
10AM**

Join us for complimentary morning tea where we will gather as a community to reflect on the significance of this day

*Everyone Belongs*



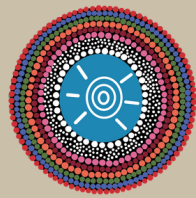
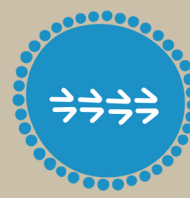
**EVERYONE WELCOME**

**Illawarra Aboriginal Corporation  
4 Wentworth Street, Port Kembla**

**RSVP**

**PLEASE RSVP TO ADMINISTRATION  
BY MONDAY 17TH MARCH**

**4211 0601**



# Programs Schedule

## Monday Day Sessions (Fortnightly):

Our Monday sessions will be held every two weeks, providing a space for Aboriginal women to engage in various activities aimed at personal development and community building. The program is currently open.

**Tuesday Evenings-** Every Tuesday evening, we hold dedicated programs for Aboriginal women. These sessions focus on empowerment, skill-building, and creating a supportive network among participants. Please call for availability.

## Wednesday - Elders' Social Day:

Wednesdays are reserved for our Elders, who come together for a social day filled with activities that promote connection and well-being. This is an important opportunity for our Elders to share their wisdom and experiences.

## Thursday Mixed Women - Cultural

**Sharing Program:** The next Thursday mixed women program will be May 1st. 10am-12pm. This is a unique program that includes both Aboriginal and non-Aboriginal women. Participants will have the chance to learn traditional techniques while engaging in meaningful conversations about culture and heritage. Please call administration for more information.

**FOR OVER 60'S**  
**ABORIGINAL ELDER'S SOCIAL GROUP**

Starting back next week  
**WEDNESDAY'S**  
10AM

Please call Mavis 4211 0601

**Aboriginal WOMEN'S EVENING GROUP**

**Every Tuesday Night**  
**starting 4th February 2025**  
**5pm-8pm**

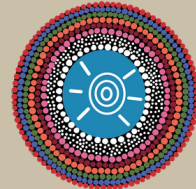
**Activities**

- Emu feather belts • Weaving
- Walks on Country • Shellwork
- Dilly bags • Possum Skins

**Please call to register your name**

Hope (02) 4211 0601  
4 Wentworth Street Port Kembla





# NOOGALEEK

**Vacancies for children are  
available 2-5 yrs**

# WINNANGAY

**Vacancies for children are  
available 3-5 yrs**

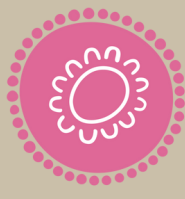
Noogaleek and Winnanggay provide early education and care to local Aboriginal and non-Aboriginal children in a culturally rich environment. Our service philosophy includes a commitment to support children, families, and the local community to understand, respect and value local Aboriginal language and culture. Both services recently underwent backyard renovations the nature-based playgrounds that have been created provide elements of cultural identity embedded throughout the design. The backyards provide a safe and supportive plays pace for children to learn, grow and develop. Both services provide a Transition to school program

Both services meet all areas of the National Quality Standards

**Call Samantha 4211 0601**







## Foster carer's Needed

We support Aboriginal children and help empower them to be raised with strong cultural and community connections, assisting them to develop a sense of belonging and a strong identity.

Myimbarr is the IAC's Permanency Support Program dedicated to working with children, youth, carers and families. This program aims to give every Aboriginal child and young person a loving home for life, whether that be with parents, extended family/kin, or a foster carer placement.



### What do you need to be a Foster Carer?

- At least 1 Aboriginal adult in your house
- Be willing to work alongside Myimbarr to help children reach their full potential
- Do you reside in Wollongong, Shellharbour or Kiama LGA?
- Willing to undergo a working with children check and criminal record check
- A spare bedroom for the child.

### Do you want to be a Foster Carer?

If you have suitable accommodation and resources for a child, please call or email for more information about becoming a Foster Carer with IAC.

02 4211 0601

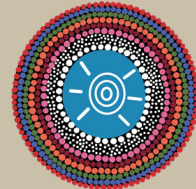
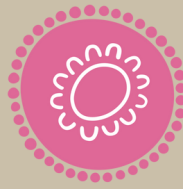
[iacoohc@iac.org.au](mailto:iacoohc@iac.org.au)







ILLAWARRA  
ABORIGINAL  
CORPORATION



# COMMONWEALTH HOME SUPPORT PROGRAM (CHSP)

CHSP Helps people stay healthy and live independently in their own homes.

Are you or someone you know in need of Allied Health services?

We can help First Nations People access important services to support your health and well-being.

What we Can Offer:

- Physiotherapy
- Occupational Therapy
- Podiatry
- Dietitian Services
- Exercise Physiologist
- Wellbeing support
- Counselling
- ATSI Health worker, and more



**Grand  
Pacific  
Health**



ILLAWARRA  
ABORIGINAL  
CORPORATION

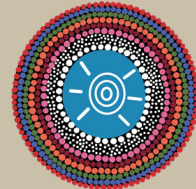
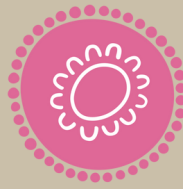


**Contact us today! (02) 6298 2900 - [agedcare@gph.org.au](mailto:agedcare@gph.org.au)**





ILLAWARRA  
ABORIGINAL  
CORPORATION



## Did You Know

Honey never spoils?  
Archaeologists have found pots of  
honey in ancient Egyptian tombs  
that are over 3000 years old and  
still perfectly edible!

## Give us your best joke

Have you heard the rumor  
going around about butter?  
Never mind, I shouldn't  
spread it.



## GOODBYE SUMMER

BEACHES  
SWIMMING  
SAND  
UMBRELLA  
HEATWAVE  
SUNSCREEN  
HOLIDAYS  
SURFBOARD  
SUNSHINE  
HUMIDITY

H	F	I	M	W	R	E	S	U	B	U	E	M	O	E
E	N	I	H	S	N	U	S	F	H	I	A	E	O	D
A	I	G	N	I	M	M	I	W	S	N	A	M	I	I
T	U	Y	T	I	D	I	M	U	H	L	E	U	H	N
W	S	R	S	B	W	A	O	B	S	U	H	E	O	E
A	L	L	E	R	B	M	U	Y	L	S	G	O	L	D
V	H	I	V	T	C	S	R	S	N	A	R	S	I	I
E	H	H	A	E	S	U	R	F	B	O	A	R	D	S
S	A	N	D	I	N	N	D	D	C	E	Y	N	A	E
T	S	D	B	B	I	S	B	M	A	M	B	N	Y	O
R	N	U	E	L	E	C	I	C	H	U	D	T	S	U
H	R	I	D	S	C	R	I	O	E	N	A	U	B	I
H	M	G	N	B	D	E	N	E	H	C	B	I	I	C
I	B	E	A	C	H	E	S	D	U	S	I	M	A	H
S	S	U	A	L	M	N	S	S	S	H	H	H	E	C